



## Hypnotherapist meets new national standards; Basildon, Essex



Complementary & Natural  
Healthcare Council

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A Basildon (Essex) based hypnotherapist has become one of the first in the country to achieve a new national standard of excellence for her therapy. Victoria Baldwin has been registered by the Complementary & Natural Healthcare Council (CNHC), the UK regulator for complementary healthcare.

The recognition places her at the forefront of a national drive to provide a benchmark for standards and safety for the public. Practitioners registered with the CNHC meet national occupational standards and abide by a rigorous code of conduct, performance and ethics.

Victoria said: "Achieving registration is not only great news for me and my clients, but a vital step for hypnotherapy."

"This is the time of year when many people are struggling to keep up their new year resolutions. The most popular uses for hypnotherapy are around stress and anxiety conditions, weight control and addictive behaviours such as smoking.

Hypnotherapy is one of 11 disciplines now recognised by the CNHC. Members of the public can search the CNHC register to find practitioners in their local area. More than 40,000 searches were carried out last year.



By providing a verification of standards, the CNHC allows GPs, hospitals, private healthcare providers and insurance companies to refer patients to hypnotherapy practitioners or to make hypnotherapy more readily available in health centres, clinics, doctors' surgeries and hospitals.

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For further information about hypnotherapy in Basildon, please contact Victoria Baldwin

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Qualified and registered hypnotherapist based in central Basildon, Essex - private, spacious & relaxing therapy room with private parking and good disabled access. My manner is professional, confidential but relaxed and friendly.